

Paul David Metzger, MD, FAAOS
Orthopaedic Surgeon

Areas of Interest:	Orthopaedic Surgeon with expertise in trauma, complex sports and total joints.	
Work Experience:	Orthopedic Specialists, S.C.	2020-Present
	CAPT James A Lovell Federal Health Care Center	2014-2020
	US Naval Orthopaedic Surgeon	
	Department Head	2016-2018
	Navy Deployment - NATO Multinational Medical Unit	2018
	Kandahar Airfield, Afghanistan	
	Orthopaedic Surgeon and Chief Medical Officer	
	Advocate Medical Group (Rush-Copley and Mercy Hospitals)	2017-2019
	Aurora, Illinois	
	Orthopaedic Surgery, Level 2 Trauma Call	
	US Naval Hospital Okinawa	2012-2014
	Orthopaedic Surgeon	
Certification:	Board Certified, Orthopaedic Surgery	2014-2024
	Illinois Physician License No. 036.138702	
Education:	Naval Medical Center San Diego	2007-2012
	Orthopaedic Surgery Residency	
	Rush University Medical School, Chicago, IL	2003-2007
	Doctor of Medicine, June 2007	
	Northwestern University, Evanston, IL	1999-2003
	Bachelor of Arts, June 2003	
Professional Activities:	Lovell Federal Health Care Center	
	Chairman Credentialing Committee	2015-2020
	Pharmacy and Therapeutics Committee	2015-2018
	World Journal of Orthopedics Editorial Board	2015-2018
	Physician of the Year Award	April 2017
	Rosalind Franklin University	
	Assistant Professor of Surgery, Department of Clinical Sciences	2015-Present
	USNH Okinawa	
	Directorate for Surgical Services, Quality Improvement Committee	2012-2014
	Infection Control Committee	2013-2014
	Naval Medical Center San Diego	
	Teaching Fellow in Surgery, USUHS School of Medicine	2011-2012
	Medical Student Curriculum Committee	2011-2012
Professional Societies:	American Academy of Orthopaedic Surgeons, Fellow	2015-Present
	Arthroscopy Association of North America	2016-Present
	Society of Military Orthopaedic Surgeons	2012-Present

Research:

Publications

Metzger PD, Barlow B, Leonardelli D, Peace W, Solomon DJ, Provencher MT. Clinical Application of the “Glenoid Track” Concept for Defining Humeral Head Engagement in Anterior Shoulder Instability: A Preliminary Report. *Orthop J Sports Med.* July, 2013.

Provencher MT, Frank RM, LeClere LE, **Metzger PD**, Ryu JJ, Romeo AA. The Hill-Sachs Lesion: Diagnosis, Classification, and Treatment. *J Am Acad Orthop Surg.* April, 2012.

Metzger P, Carney J, Kuhn K, Booher K, Mazurek M. Sensitivity of the Saline Load Test with and without Methylene Blue Dye in the Diagnosis of Artificial Traumatic Knee Arthrotomies. *J Orthop Trauma.* June, 2012.

Metzger PD, Bailey JR, Filler RD, Waltz RA, Dewing CB, Provencher MT. Pectoralis Major Muscle Rupture Repair: Technique Using Unicortical Button. *Arthroscopy Techniques.* July, 2012.

Provencher MT, Romeo AA: *Shoulder Instability: A Comprehensive Approach*, Philadelphia, Saunders, 2012.

Presentations

Analysis of ACL Reconstructions Outcomes in a Military Population at a Single Center
SOMOS Annual Meeting Podium Dec 2014

Clinical Experience with Artificial Cervical Disc Replacement in the Military
SOMOS Annual Meeting Podium Dec 2010
NMCSA Academic Research Competition Mar 2011

Military Experience:

Commander, Medical Corps

Armed Forces Health Professions Scholarship Program 2003-2007

Northwestern University NROTC 1999-2003

Awards:

Afghanistan Navy Commendation Medal Aug 2018

NATO and Campaign Medals

Fort Jackson, SC Navy Expert Pistol Medal Mar 2018

Navy Sharpshooter Rifle Ribbon

Okinawa, Japan Navy Commendation Medal June 2014

Overseas Service Ribbon

San Diego, CA Meritorious Unit Commendation Sept 2011